

Monday

Main Course

Chicken Pie	V VG GF DF	2 13 A B H
Cauliflower Leek and Butter Bean Gratin	V VG GF DF <input checked="" type="checkbox"/>	7
Tomato and Basil Pasta	V VG GF DF <input checked="" type="checkbox"/>	4 7

Sides

Herbed Potatoes	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	2
Charred Broccoli	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Buttered Courgettes	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	

Dessert

Fresh Fruit	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Fruit Yogurt	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Jam Roly Poly	V VG GF DF <input checked="" type="checkbox"/>	2 4 7

Tuesday

Main Course

Swedish Style Meatballs	V VG GF DF	2 7 H J
Lentil Cottage Pie	V VG GF DF <input checked="" type="checkbox"/>	2 4 7
Cheese Omelette	V VG GF DF <input checked="" type="checkbox"/>	4 7

Sides

Mash Potato	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	4 7
Hispi Cabbage	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Peas	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	

Dessert

Fresh Fruit	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Fruit Yogurt	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Treacle Tart	V VG GF DF <input checked="" type="checkbox"/>	2 4 7

Wednesday

Main Course

Honey Glazed Gammon	V VG GF DF	2 4 7 D
Gnocchi with Parsley Butter & Samphire	V VG GF DF <input checked="" type="checkbox"/>	2 7 A H
Stuffed Pepper	V VG GF DF <input checked="" type="checkbox"/>	2 7

Sides

Roast Potatoes	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Cauliflower Cheese	V VG GF DF <input checked="" type="checkbox"/>	2 7
Baton Carrots	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	7

Dessert

Fresh Fruit	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Fruit Yogurt	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	7
Raspberry Cheesecake	V VG GF DF <input checked="" type="checkbox"/>	2 4 7

Thursday

Main Course

The Maynard Grill	V VG GF DF	2 4 A H J
The Maynard Veggie Grill	V VG GF DF <input checked="" type="checkbox"/>	2 4 7
Lamb Hotpot	V VG GF DF	2 4 7

Sides

Hash Brown	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Sweetcorn	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Green Beans	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	

Dessert

Fresh Fruit	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Fruit Yogurt	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	7
Black Forest Gateau	V VG GF DF <input checked="" type="checkbox"/>	2 4 7

Friday

Main Course

Battered Scampi	V VG GF DF	2 4 7 5
Smoked Haddock Kedgerree	V VG GF DF <input checked="" type="checkbox"/>	2 4 7 5
Tagliatelle Alfredo	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	7

Sides

Oven Fries	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Baked Beans	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Peas	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	

Dessert

Fresh Fruit	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Fruit Yogurt	V VG GF DF <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	7
Choux Bun	V VG GF DF <input checked="" type="checkbox"/>	2 7

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLLERANCES: Tomato Products^A, Capiscum Products^B, Soft Fruit Products^C, Beef^P, Aubergine^E, Apple^F, Oranges^G, Onion^H, Pork^J

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.