

Lunch Menu

Week commencing: 18/11/24

Monday		Tuesday		Wednesd	ay	Thursda	У	Friday	
Main Course		Main Course		Main Course		Main Course		Main Course	
Cottage Pie	V VG GF DF 2 7	Katsu Chicken	V VG GF DF 27	Roast Beef served with Yorkshire Pudding	V VG GF DF 247D	Maynard Grill	V VG GF DF 24AHJ	Creamy Fish Pie	V VG GF DF 2475
Cauliflower Kale & Cheddar Burger	V VG GF DF	Mushroom Strogenoff &Wholegrain Rice	V VG GF DF	Roast Vegetable Wellington	V VG GF DF ✓ H 13 8 7	Veggie Grill	V VG GF DF V 27	Pesto Style Gnocchi	¥ VG GF DF ✔ 2 H
Tomato and Basil Pasta	V VG GF DF V 47	Crispy Sausage Roll	V VG GF DF	Omelette and Sauted Mushrooms	V VG GF DF	Mac N Cheese	V VG GF DF 247	Baked White Fish with Hollandaise	V VG GF DF V V 2475
Sides		Sides		Sides		Sides		Sides	
Herbed Potatoes	V VG GF DF V V V 2	Wholegrain Rice	V VG GF DF ✓ ✓ ✓ 47	Roast Potatoes	V VG GF DF	Saute Potatoes	V VG GF DF V 7 H	Oven Fries	V VG GF DF
Charred Broccoli	V VG GF DF V V V V	Hispi Cabbage	V VG GF DF	Braised Red Cabbage	V VG GF DF	Sweetcorn	V VG GF DF V V V V	Baked Beans	V VG GF DF
Buttered Courgettes	V VG GF DF	Peas	V VG GF DF	Baton Carrots	V VG GF DF V V	Green Beans	V VG GF DF V V V V	Peas	V VG GF DF V V V V
Dessert		Dessert		Dessert		Dessert		Dessert	
Fresh Fruit	V VG GF DF	Fresh Fruit	V VG GF DF V V V V	Fresh Fruit	V VG GF DF V V V V	Fresh Fruit	V VG GF DF V V V V	Fresh Fruit	V VG GF DF V V V V
Fruit Yogurt	V VG GF DF V V	Fruit Yogurt	V VG GF DF	Fruit Yogurt	V VG GF DF V V	Fruit Yogurt	V VG GF DF V V	Fruit Yogurt	V VG GF DF V V
Jam Roly Poly	V VG GF DF V 247	Devonshire Honey Cake	V VG GF DF	Chocolate Coconut Flapjack	V VG GF DF	Bakewell Tart	V VG GF DF V 247	Panna Cotta	V VG GF DF

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴ INTOLLERANCES: Tomato Products^A, Capiscum Products^B, Soft Fruit Products^c, Beef^D, Aubergine^E, Apple^F, Oranges^G, Onion^H, Pork^J

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.