

Monday

Main Course

Spaghetti Bolognese with Garlic Bread V VG GF DF 27

Baked Pepper with Tomato Risotto V VG GF DF 27

Vegetable Samosa with a Mild Curry Sauce V VG GF DF 47

Sides

Spaghetti V VG GF DF 2

Charred Broccoli V VG GF DF

Buttered Courgettes V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Treacle Sponge V VG GF DF 247

Tuesday

Main Course

Honey Baked Chicken V VG GF DF

Spinach and Sweet Potato Dhal V VG GF DF 247

Tomato and Basil Pasta with Garlic Bread V VG GF DF 27A

Sides

Vegetable Rice V VG GF DF 47

Ratatouille V VG GF DF

Peas V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Sticky Toffee Pudding V VG GF DF 247

Wednesday

Main Course

Roast Loin of Pork with Apple Sauce V VG GF DF 247

Vegetable Pasta Bake V VG GF DF 27H

Beetroot Tart V VG GF DF 47

Sides

Roast Potatoes V VG GF DF

Carrot Batons V VG GF DF 27

Hispi Cabbage V VG GF DF 7

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Lemon Meringue Pie V VG GF DF 27

Thursday

Main Course

Chicken and Pancetta with Puff Pastry Lid V VG GF DF 247H

Vegetable Lasagne V VG GF DF 27H

Baked Potato with Baked Beans & Cheese V VG GF DF 27

Sides

Herb V VG GF DF

Mix Vegetables V VG GF DF

Green Beans V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Scottish Shortbread with Chocolate Mousse V VG GF DF 247

Friday

Main Course

Battered Scampi V VG GF DF 2475

Hot Dog and Fried Onions V VG GF DF 27J

Cheese and Tomato Flan V VG GF DF 247

Sides

Oven Chips V VG GF DF

Mushy Peas V VG GF DF

Baked Beans V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Apple Turnover V VG GF DF 247

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLLERANCES: Tomato Products^A, Capiscum Products^B, Soft Fruit Products^C, Beef^P, Aubergine^E, Apple^F, Oranges^G, Onion^H, Pork^J

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.