

Monday

Main Course

Spaghetti Bolognese and Garlic Bread V VG GF DF 2 4 7 J

Vegetable Lasagne and Garlic Bread V VG GF DF 2 7 A

Vegetable Pasty V VG GF DF 2 7

Sides

Herbed Potatoes V VG GF DF 2

Charred Broccoli V VG GF DF

Buttered Courgettes V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Chocolate Flan V VG GF DF 2 4 7

Tuesday

Main Course

Chicken Korma with Naan Bread V VG GF DF 2 7 H

Jumbo Vegetarian Spring Roll V VG GF DF 2 4 7

Baked Potato with Melting Cheese & Beans V VG GF DF 2 7

Sides

Boiled Vegetable Rice V VG GF DF 4 7

Ratatouille V VG GF DF

Peas V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Bakewell Slice V VG GF DF 2 4 7

Wednesday

Main Course

Assorted Roasted Meats V VG GF DF

Roasted Stuffed Pepper V VG GF DF 4 7

Vegan Sausage Roll V VG GF DF 2

Sides

Roast Potatoes V VG GF DF

Carrot Batons V VG GF DF 2 7

Braised Red Cabbage V VG GF DF 7

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Lemon Drizzle V VG GF DF 2 4 7

Thursday

Main Course

Maynard Mix Grill V VG GF DF 2 4 7 H J

Vegetarian Mix Grill V VG GF DF 7 A H

Sweet and Sour Vegetable Bites V VG GF DF 7 1 4

Sides

Curly Fries V VG GF DF

Mix Vegetables V VG GF DF

Green Beans V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Carrot Cake V VG GF DF 2 4 7

Friday

Main Course

Battered Cod V VG GF DF 2 4 5 7

Indian Mince Beef Pasta V VG GF DF 2 A D H

Jumbo Fish Finger V VG GF DF 2 4 7 5

Sides

Oven Chips V VG GF DF

Mushy Peas V VG GF DF

Baked Beans V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Easter Gateau V VG GF DF 2 4 7

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLERANCES: Tomato Products⁴, Capiscum Products⁹, Soft Fruit Products⁵, Beef⁶, Aubergine⁵, Apple⁶, Oranges⁶, Onion⁴, Pork⁴

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.